

# The Sounder Ski Tour Registration Form

Sunday, January 29, 2012  
First Race will start at 10 a.m.

**Registration includes soup and bagel as well as a warm drink.**

<b>Fees:</b>	<b>Before Jan.23<sup>rd</sup></b>	<b>After Jan.22<sup>nd</sup></b>
2 km and 3km events	Free	\$10.00 (GNSSC members \$5.00)
5km event	\$15.00 (GNSSC members \$10.00)	\$20.00 (GNSSC members \$15.00)
11km and 22km events	\$25.00 (GNSSC members \$20.00)	\$30.00 (GNSSC members \$25.00)

Make cheques payable to Georgian Nordic Ski and Canoe Club.

In case of cancellation, refunds will be mailed out (upon request), less a \$5.00 administration fee.

Registrations will be accepted until 9:00 a.m. on Jan.29<sup>th</sup> (race day).

**A signed Waiver Form must accompany each registration.**

**Send Entries to:** Sounder Ski Tour,  
Georgian Nordic Ski & Canoe Club, .  
Box 42,  
Parry Sound, ON P2A 2X2

## Sounder Ski Tour 2012 Waiver

PARTICIPANT WAIVER FORM IN CONSIDERATION OF Cross Country Canada (hereinafter called CCC), Southern Ontario Division, (hereinafter called the Host Division) and Georgian Nordic Ski and Canoe Club (hereinafter called the Host Club) accepting my entry into the above named activity, I hereby for myself, my heirs, executors, administrators and assigns, forever release, and forever discharge, CCC, the Host Division and the Host Club, their executive directors, servants, agents, sponsors, supporters, employees or volunteers from any and all claims, demands, damages, costs (including solicitor and client costs on a full indemnity basis), actions or causes of actions, proceedings arising out of or in consequence of any loss, injury or damage which may arise by reason of negligence of CCC, the Host Division and the Host Club, their servants, agents, sponsors, supporters, employees or volunteers. Without limiting the generality of the foregoing, I further release any and all recourses which I may now or hereinafter have resulting from any decisions of CCC, the Host Division, and the Host Club. In addition to the foregoing, I further waive any claims I might have in connection with any cancellation or rescheduling of the event for whatever reason. I declare that my physical condition, to the best of my knowledge, is adequate to participate safely in the sport of cross country skiing, and that no physician or other qualified individual has advised me against participating in the sport. I further acknowledge and agree that it is my choice as whether I will obtain a physical examination prior to participating in the event, and I hereby acknowledge and agree to assume all risks associated with not obtaining such examination, or if I do obtain an examination and am instructed not to participate in the event, I hereby assume all risks associated with my participation. I authorize and consent to the publication by CCC, the Host Division and the Host Club of any materials containing my name or picture, and I release to CCC, the Host Division and the Host Club and all persons acting under authority from them, any claims I might have due to the initial or subsequent publication of such material. By completing this Waiver of Liability with my signature below, I hereby agree to abide by the Rules and Regulations as set forth by CCC, the Host Division and the Host Club, and to follow the instructions of the officials during the event.

### Release & Waiver - (18 & over)

As a participant in the 2012 Sounder Ski Tour, I have read and understand the above.

Participant: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Release & Indemnification - Minor Participant.

As a parent or guardian of a participant under the age of 18, I have read and accept the above terms and conditions on the entrant's behalf.

Participant: \_\_\_\_\_

Name Parent or Guardian: \_\_\_\_\_

Signature Parent or Guardian: \_\_\_\_\_ Date \_\_\_\_\_

# Sounder Ski Tour Registration Form – 2012

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone No. \_\_\_\_\_

Club Affiliation: \_\_\_\_\_

School (Parry Sound District) \_\_\_\_\_

Circle category and check items that apply. Enter only one event.

## Category 1: Distance 2 km

Children 6 and under      Check ( If this applies)

## Category 2: Distance 3 km

Boys       Girls       Classic       Skate

Atom 7 – 9       Pee Wee 10 & 11

## Category 3: Distance 5 km

Boys       Girls       Classic       Skate

Midget 12 & 13       Juvenile 14 & 15       Junior 16 & 17

## Category 4: Distance 11 km

Male       Female       Classic       Skate

Juvenile 14 - 15       Junior 16 – 17       Open 18 – 29

Master 30-39       Master 40 - 49       Master 50 – 59

Master 60 - 69       Master 70 +

## Category 5: Distance 22 km

Male       Female       Classic       Skate

Juvenile 14 - 15       Junior 16 – 17       Open 18 – 29

Master 30-39       Master 40 - 49       Master 50 – 59

Master 60 - 69       Master 70 +